

A little fine tuning



U.S. Air Force photos by Ms. Sue Sapp

Antenna shop technicians make waves

By Mr. Roland Leach
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Onboard radar systems are the eyes and ears for aircrews conducting flying missions. These sophisticated components - a vital part of the navigation system - give aircrews a clear picture of the route ahead.

Fourteen technicians at Robins perform the important task of maintaining them. Their job is to make sure the radar system, located behind the aircraft nose cone, is calibrated to peak operating standards. The radar and nose cone combination forms what is called a radome.

“Our main function is to test the different radomes and antennas that go behind them for the various aircraft systems,” said



Mr. Dunn



Top, Mr. George Long, electronic mechanic, tunes and levels an antenna. Above, Mr. Brian Kirchhefer, electronic worker trainee, prepares to mount a Combat Talon II radome for testing in the anechoic chamber also known as RAVS range (Radome Verification System).

Mr. John Dunn, antenna and radar range integrated system foreman. “Our mission is to produce usable antennas and radomes in a timely fashion with no quality defects.”

And they do that mission at a special testing facility which acts as a functional test site for radar

systems used on a variety of aircraft.

A separate shop produces nose cones for C-130s, C-141s, F-15s and other aircraft. The radome assembly goes through a calibration routine at a special range called the radar alignment facility

near the southwest end of the base.

The facility is more than 50 years old and includes 45-foot towers spread out over the length of a football field used to bounce signals between radar dishes to calibrate the radome assemblies.

The technicians use computer systems - archaic by today’s standards - to compile test data for each radar dish tested on the outdoor range.

“This may be old equipment, but the technology at the time was well thought out,” said Mr. Jeff Rhodes, electronic technician. “Although there are times when I wish we had updated equipment, this works.”

The technicians all possess the skills to fine tune any radome brought to the range.

“We know this is very important work,” said Mr. George Long, electronic technician. “We are proud when the guys going over drop the bomb where they want to drop it. We are proud that it doesn’t scatter four or five blocks away.”

Treat that’s good for your heart

By Ms. Holly J. Logan
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If you’re seeking a better way to make Valentine’s Day sweet, the traditional box of chocolates may be a heart-healthy treat.

Chocolate - particularly dark chocolate - contains antioxidants and specific flavonoids proven to reduce the risk of cardiovascular disease, according to a recent American Dietetic Association report.



Ms. Kurtz

Although some may feel guilty at the mere thought of its rich taste, Ms. Lindy Kurtz, Health and Wellness Center dietician, said eating chocolate is OK - as long as it’s done in moderation.

“Celebrate by eating chocolate on Valentine’s Day, but do it within reason,” she said. “A serving size of six Dove Chocolates comes to about 230 calories. The pieces are a pretty good size, so you get your craving met.”

While chocolate has its benefits, Ms. Kurtz said she recommends people avoid the cream -filled kind that packs a high caloric count.

“There are all kinds of non-food ways to celebrate Valentine’s Day,” she said. “You could do something nice for someone or give them something that has a special meaning. Valentine candy is only a small way to celebrate.”

Chocolate fondue

6 ounces semisweet chocolate, chopped
1/3 cup heavy cream
2 tablespoons Grand Marnier, brandy or rum (optional)
assorted fruit or marshmallows

Gently melt chocolate over hot water in a double boiler or heat in microwave on medium power for two to four minutes. Blend until smooth. Whisk in cream. Stir in liqueur, if desired. Transfer to serving dish or fondue pot. Serve warm with fresh fruit.

— from Ladies Home Journal

Grant helps military members spay, neuter their pets

What to know

Houston County Animal Rescue and Kindness, a non-profit organization dedicated to aiding the adoption of homeless animals, in conjunction with the Humane Society Association of Georgia (HAGA), is helping military members spay and neuter their pets through a \$3,000 grant provided through HAGA. For more information, contact Houston County ARK President Susan Wynn at 328-0004.

By Ms. Holly J. Logan
holly.logan@robins.af.mil

A \$3,000 grant-based program supported by 11 Georgia agencies and associations is helping military members fix the state’s rising animal population control problem.

Between 4 and 5 million cats and dogs are euthanized yearly nationwide, according to recent statistics from the Humane Society of the United States. But Ms. Susan Wynn, Houston County Animal Rescue and Kindness president, said spaying and neutering pets can lower that number.

“One of the biggest reasons people dump their animals is that they don’t understand

the responsibility of pet ownership,” she said.

While the animal population continues to grow, Ms. Wynn said the state has a program designed to minimize the problem.

The program’s funds were generated through revenue from the Georgia Spay and Neuter License Plate sales and a grant through the Humane Society of Georgia.

The grant money was requested in March of 2002 and was recently released to the state to help military members meet the cost of pet sterilization.

“This is just one way we can say thank you to our military members for all they do,” Ms. Wynn said.

Eligibility rules for grant money use

1. Veterinarians must be licensed by the Georgia State Board of Veterinary Medicine and accredited by the Georgia Department of Agriculture and the United States Department of Agriculture.

2. The veterinarian must request financial assistance in writing, by fax or e-mail from the Georgia Department of Agriculture prior to performing a procedure. If funds were available, the veterinarian would receive approval from the department to perform the procedure.

3. The veterinarian must perform all procedures with acceptable standards of care.

4. Both animal and owner must reside in Georgia to receive assistance through the Dog and Cat Sterilization Program.



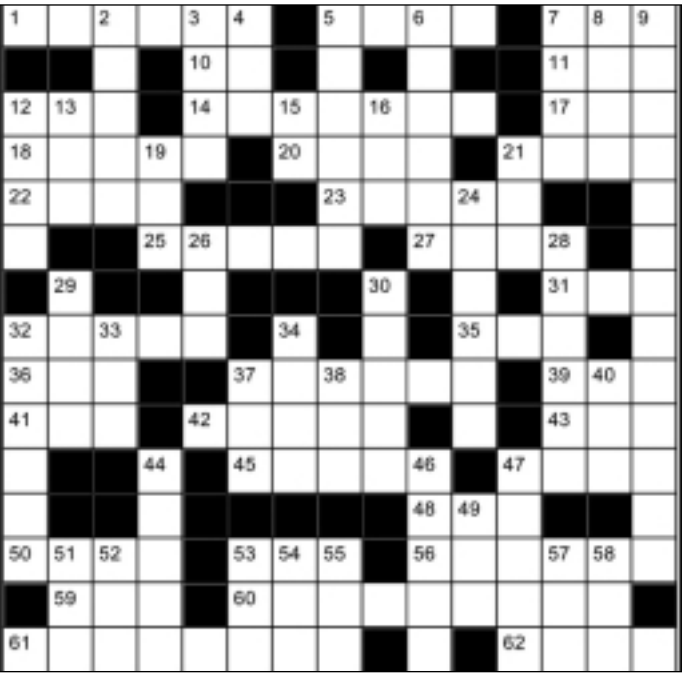
Submitted photo

Kittens and puppies, like the one above, as young as eight weeks can be sterilized. Military members are eligible for monetary assistance in order to spay or neuter their pets.

Black History Month events

For more information, go to www.robins.af.mil/blackhistory.
Health Fair, Tuesday
Learn about causes and prevention of silent killers in the African-American community at the Health Fair from 10 a.m. - 2 p.m. at the Occupational Medicine Services, Building 207. The Health Fair will feature seminars and other informative services such as blood pressure screening and nutrition guidance. For more information, call Ms. Lula Harris at 327-7590.
Luncheon, Feb. 13
The luncheon will be at the Enlisted Club at 11:30 a.m. The theme is "Brown v. Board of Education," and the guest speaker will be retired Gen. Joseph McNeil.
Dinner theater, Feb. 20
With their dramatic spoken word performances and inspiring music, the contemporary jazz/R&B quintet, Five Men on a Stool, will perform at the Enlisted Club. Cocktails will be served at 6:30 p.m.; dinner will be served at 7 p.m.

CROSSWORD PUZZLE



Black History Month

By 1st Lt. Tony Wickman
Alaskan Command Public Affairs

- ACROSS
1. First African-American U.S. Surgeon General

5. Competition

7. Mon.

10. Article 86-UCMJ topic (abbrev.)

11. ____ Paulo, Brazil

12. African-American prize fighter considered to be "The Greatest"

14. First African-American astronaut in space

17. Center

18. Roots African-American author

20. Balkans person

21. Soccer star

22. Capital of Norway

23. Construct

25. Halts

27. Authentic

31. CIA precursor

32. African-American inventor of Synchronous Multiplex Railway Telegraph

35. Debt

36. Sick

37. African-American civil rights activist, NAACP founding member

39. Actress Lupino

41. 60-70s African-American film, theater star Carl

42. Mustang, Explorer, Escort...

43. Title for a knight

45. Famous African-American woman who traveled to speak against slavery

47. Char

48. DoD 5-digit code used to uniquely identify a "typeunit"

50. Spaghetti sauce maker

53. Greek letter

56. Greek island

59. Military phone lines (abbrev.)

60. Youngest, first African-American nominated for Oscar Best Director

61. African-American abolitionist, author, orator

62. Dick Tracy's lady
- DOWN
3. Precious stone

4. Actor Mineo

5. Firearms

6. African-American innovator in agriculture

7. First African-American to win Wimbledon

8. ____ Cuffe; 1800s African-American civil rights champion

9. First African-American woman to serve in presidential cabinet

12. Ship to shore call

13. ____ Vegas

15. America, briefly

16. Paddle

19. Greek goddess of dawn

21. School grp.

24. Vivid purplish-red

26. ____ the season to be jolly

28. Rosa ____ Parks; African-American called "Mother of Civil Rights"

29. Staff

30. The Road Not Taken poet

32. Little House on the Prairie writer

33. Bullfight cheer

34. Vice President dueler

37. Fleck

38. Military work clothes (abbrev.)

40. Military org. concerned with foreign military intel

44. First African-American ambassador to the United Nations

46. Tosses

47. African-American slave who waged freedom legal battle

49. Article

51. Commotion

52. Military unit not attached to a MOB (abbrev.)

53. Civil war opponent to the Union (abbrev.)

54. Towel marker?

55. Former org. concerned with immigrations

57. Female deer

58. Navy 0-1 (abbrev.)

For puzzle solution, see Feb. 13 edition of the Rev-Up

Puzzle solution for Jan. 30



Retired general to discuss court case anniversary

Joseph McNeil along with three other freshmen students – David Richmond, Franklin McCain, and Jibril Kazan – started what became known as “the student sit-in movement” Feb. 1, 1960, in Greensboro, N.C.

The four North Carolina A&T University students began “sitting-in” at a F.W.

Woolworth’s lunch counter and refused to leave until they were served. This simple act became the catalyst for a major social movement and challenged racial segregation throughout the South. It became the cornerstone for following major civil rights legislation.

General McNeil, who

retired from the Air Force Reserve in February 2000 and the Senior Executive Service of the Federal Aviation Administration in May 2002, will be the keynote speaker at the Black Heritage Observance Committee Luncheon Feb. 13 at 11:30 a.m. at the NCO Club. Tickets are \$10. He will speak about the 50th anniversary of

Brown v. Board of Education.

For more information, contact Ms. Cheryl Ficklin at 926-5292.

– From staff reports

General McNeil

Museum Of Aviation Foundation starts ‘Jazz at Six’ series

The Museum of Aviation Foundation plans to warm up the cool months of February, March and April with a new “Jazz at Six” series under the wings at the Museum of Aviation.

Feb. 19: Afro Jazztet
This group features Mr. Wilfred Stroud

on piano, Mr. Morris Seltzer on tenor sax, Mr. Clifton Hadley on alto sax, Mr. Jimmy Mills on trumpet, Mr. Jerry Habersham on bass and Mr. Steve Chanin or Mr. Willie Bowden on drums.

March 16: Gwen Hughes
Ms. Gwen Hughes has been called

“The Ambassador of Jazz” because of her versatility and mass appeal. This songwriter, singer and piano stylist describes herself as someone “caught somewhere between jazz, pop and big band.” She has performed in Atlanta, New Orleans, New York City and Seaside, Fla.

FAMILY SUPPORT CENTER

Family Support Center sponsored classes, workshops, and seminars are open to all Team Robins personnel and their eligible family members. The FSC is located on Ninth Street in Building 794. For additional information, or to make a reservation, call 926-1256.

TAP workshop

The next three-day Department of Labor sponsored Transition Assistance Program Workshop is Monday through Wednesday, 8:30 a.m. - 4:30 p.m. each day, Smith Community Center Ballroom. Personnel leaving the military

within the next six months need to sign up as soon as possible. Spouses are encouraged to attend.

Federal resume writing class

The Center’s Transition Assistance Program will conduct a Federal Resume Writing class on Thursday, 1:30 - 4 p.m., Building 945. Advanced registration is required.

Center closed

The FSC and Family Services loan closet and Airman’s Attic will be closed

Feb. 16, in observance of President’s Day. Normal services will resume Tuesday at 7:30 a.m.

Back to school

A “Back to School” College Basics workshop will be conducted Feb. 17, 1:30 - 3 p.m., Building 945, FSC Annex. Many people leaving active duty choose to start, return to or continue their education after military service. Information covered includes the application process; factors to consider when selecting a school, GI bill information, researching scholarships and much more.

SERVICES BRIEFS

Civilian Recreation

922-4415

A Valentine’s bingo will be held Feb. 13 at the Base Restaurant. Doors open at 5 p.m., and games start at 6 p.m. Door prizes, special games and three jackpots will be awarded. For more information, call Ms. Lynne Brackett at 922-4415.

Teams are invited to play Win, Lose or Draw for a chance to win four tickets to Stone Mountain during the Civilian Recreation team challenge Feb. 20 at 6 p.m. at the Smith Community Center. Two teams consisting of four players will test their talents at drawing and guessing. The winning team will continue until defeated or undefeated. Registration is on a first-come, first-serve basis with a 10-team limit. Call 922-4415 for more information.

Enlisted Club 926-4515

A Valentine’s spectacular will be held Feb. 14 starting at 9 p.m. Couples may enter the best dressed and cupid contests for prizes of \$100 and dance to the sounds of DJ Silk.

A Sunday brunch will be held Feb. 15 from 10 a.m. - 1:30 p.m. in the ballroom. Brunch is free for primary members and for their children ages 5 and younger. Cost is \$5.95 for members’ children, ages 6 - 12, \$8.95 for guests and children 13 and older, and \$11.95 for nonmembers.

Information, Tickets and Travel 926-2945/0093

Explore and expand your horizons during ITT’s Travel Show March 10 from 10:30 a.m. - 1:30 p.m. in the Smith Community Center ballroom, Building 767. Representatives from Walt Disney World, Universal Studios, Alpine Helen, Jekyll Island, Sea World, Busch Gardens, Lookout Mountain Hang Gliding, Andersonville Trail Association and more will share information. For more information call ITT.

Getaway to Las Vegas May 17 - 20. Price per person, single is \$704, double \$580.50, triple \$545.35 and quad \$535.75. A \$100 nonrefundable deposit is due at time of reservation. Balance due by March 12. For more information, call ITT at 926-2945.

Officers’ Club 926-2670

A members’ Valentine’s Day dinner and dance will be held Feb. 14. Enjoy a dinner buffet at 6 p.m. and dance to the sounds of Bob Cummings and the Reflections at 8 p.m.

Skills Development Center 926-5282

Clip the customer appreciation days coupon in February Edge magazine to receive a free regular mat with a custom frame order.

Art demonstrations will be conducted at the Base Library Feb. 18 from 10 a.m. - 1:30 p.m. Ms. Leslie Hoops-Wallace and Mr. Allan Carey will be painting and answering questions about skills center classes.

Youth Center 926-2110

Youth Center members are encouraged to clip the AAFES coupon on the back cover of the February Edge magazine for a 15 percent discount on a combo meal at Robin Hood.

STREAMING VIDEO

ROBINS REPORT

News from around the base –Watson and Cox Channel 15
Friday – 8 p.m.
Sunday – 1:30 p.m.
Monday – noon

CHAPEL SERVICES

Catholic Masses are celebrated at the chapel each Saturday at 5:30 p.m., Sunday at 9:30 a.m., and on Holy Days of Obligation at noon and 5 p.m. and Monday through Friday at noon. The Sacrament of Reconciliation is on Saturday from 4:30-5:15 p.m.
Protestant General Services take place every Sunday at 11 a.m. This service

includes some traditional and contemporary worship styles in music and in format.
Protestant Inspirational Services take place every Sunday at 8 a.m.
Protestant Contemporary Services take place 11 a.m. each Sunday at the Base Theater. This service is very informal, with a praise team assisting in singing and includes both traditional and contemporary

styles of music and worship.
Jewish service time is each Friday at 6:15 p.m. at the Macon synagogue.
Islamic Friday Prayer (Jumuah) is Fridays at 2 p.m. in the chapel annex Rooms 1 and 2.
The chapel helps with spiritual needs that arise. For further information, call the chapel at 926-2821.

MOVIE SCHEDULE

Friday
7:30 p.m. – Cheaper by the Dozen – Steve Martin and Bonnie Hunt
When Tom Baker gets a job offer to coach football at Northwestern University in Chicago, he and his wife, Mary, move to the big city, which is a big change for their family. With the recent publication of her long-in-the-works book, Mary feels demands outside the home taking away as much time as Tom’s new job does, so the two are forced to try to find new ways of parenting their massive tribe, but they find their parenting styles aren’t always completely compatible.
Rated PG (for language and some thematic elements) 99 minutes

Saturday
7:30 p.m. – Peter Pan – Jason Isaacs and Jeremy Sumpter
Peter Pan is the boy who won’t age, who lives in Neverland with other ageless kids. Tinkerbell, a fairy, gives three children the ability to fly; and they’re off to Neverland, where they’re soon in battle with the evil Captain Hook and his band of pirates.
Rated PG (for adventure action sequences and peril) 113 minutes

Legal Office outlines election rules for civilians, military

By Ms. Holly J. Logan
holly.logan@robins.af.mil

With the political year in full-swing, Mr. Mike Shutter said it’s important to remind Robins’ civilians and military members that “politics and the workplace don’t mix.”

Mr. Shutter, Civil Law Directorate chief in the Center Legal Office, said people are free to exhibit their political expressions, but not on the government’s clock.

“They’re certainly free to express their beliefs on who they think is the best candidate

What to know

For more information on political guidelines in federal buildings and on military installations, visit <http://osc.gov/hatchact.html> or Robins’ Legal Assistance Office in Building 215.

- but they need to do it off base,” he said. “We want to keep politics out of the workplace, particularly out of the workplace on military installations. As a military installation, you don’t want to be identified

with one party or the other.”

The Hatch Act, legislation that outlines political activity guidelines for civilian employees and military members to follow in federal buildings and military installations, is enforced by the Office of Special Counsel in Washington, D.C.

Civilians in violation of the Hatch Act guidelines may face penalties from a 30-day work suspension without pay to removal.

Military members could face even greater disciplinary action.

Off base, civilian and military members may: <ul style="list-style-type: none">■ Be public office candidates in nonpartisan elections■ Register and vote■ Assist in voter registration■ Express opinions about candidates and issues■ Contribute money to political organizations■ Attend political fundraising functions and be active at political rallies and meetings■ Be an active political party or club member■ Sign nominating petitions and campaign for or against partisan election candidates, referendum questions, municipal ordinances and constitutional amendments■ Make campaign speeches for partisan election candidates or distribute related campaign literature■ Hold office in political clubs or parties■ Display small bumper stickers on personally owned vehicles	Air Force members may: <ul style="list-style-type: none">■ Register to vote and express an opinion on candidates and issues, but not as an Armed Forces representative■ Attend political meetings or rallies out of uniform■ Join a political club and attend meetings, but not in uniform■ Display bumper stickers on a personally owned vehicle
	Civilian employees may not: <ul style="list-style-type: none">■ Use their official authority to interfere with an election■ Collect political contributions, unless both individuals are members of the same federal labor or employee organization and the solicited member is not a subordinate employee■ Knowingly solicit or discourage political activity of any person who has business with the agency■ Engage in any political activity in any government office, while wearing an official uniform or using a government vehicle■ Solicit political contributions from the general public■ Be a candidate for public office in a partisan election■ Wear political buttons on duty or place large political signs, banners or posters on private vehicles while on base
	Air Force members may not: <ul style="list-style-type: none">■ Participate in partisan political management campaigns or conventions■ Speak before a partisan political gathering■ March or ride in partisan political parades or participate in any organized effort to transport voters to the polls, if the effort is associated with a partisan party or candidate■ Make campaign contributions to partisan political candidates■ Display large political poster, banner or sign on personally owned vehicles on or off base

FAST Program Office gets DoD nod

By Ms. Lanorris Askew
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The flexible acquisition and sustainment tool, or FAST, Program Office here was recently recognized by the Department of Defense with the Defense Acquisition Executive Certificate of Achievement.

The certificates, which were presented to each team member by Maj. Gen. Don Wetekam, Center commander, Jan. 30, are awarded to highlight and reward exceptional contributions to improving lifecycle cost and the acquisition system through innovative acquisition management techniques.

FAST was designed to quickly meet critical war fighters’ needs, reduce contract administrative lead-time and cost, strengthen small business partnerships, and increase award dollars to small business.

It is a seven-year, \$7.4 billion contract, awarded in 2001.

A letter accompanying the certificates from Mr. Marvin Sambur, assistant secretary of the Air Force for acquisition, stated “by putting an unprecedented quick response sustainment contracting vehicle in the hands of each air logistics center, the FAST team truly exemplifies innovation and agility in acquisition.”

“The achievements of FAST have been just astounding,” said Mr. Winfield Greene, FAST program director during the award period.

Team members

Mr. Steve Esmond, Mr. Franklin Kee, Ms. Angela Gorman, Mr. Gene Vanderpool , Mr. K.C. Jones, Mr. Tyrone Walker, Ms. Catherine Belflower, Mr. Al Thompson, Ms. Patrica Peck, Mr. Winfield Greene, Ms. Mickie Cranford, Ms. Sharon Broughton, Ms. Lisa Corr, Ms. Joy Lloyd, Ms. Andrea Prichard, Ms. Laura Hill, Capt. Mark Finigan and 1st Lt. Karen Jack

“To be recognized at the very high level of the Department of Defense is a great accomplishment.”

Mr. Greene said the award is a positive reinforcement for the hard work the team has done.

“It shows that FAST is not only a benefit to the Air Force, but a benefit to the entire DoD,” he said.

General Wetekam told the group he’s proud of their hard work and dedication to the Air Force.

“We’ve had a lot of positive recognition for this team and for good reason,” he said. “It’s an impressive and innovative approach that we’ve taken here. It has given a lot of positive notoriety for our Center, but more importantly it has done a lot of good things for our Air Force.”

In addition to the certificates of achievement, the team also received commander’s coins and a copy of the letter from Mr. Sambur.

C-130 SPO wins 2nd Schriever Award

By Ms. Lanorris Askew
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What to know

The mission of the C-130 SPO is to acquire and sustain superior and affordable C-130 systems that contribute to operational readiness in partnership with its customers. The C-130 SPO also won the Schriever Award in 2000.

one of six finalists from three product centers and three air logistics centers.

“This award is very significant,” he said. “It’s the command’s most prestigious SPO team award and identifies the C-130 SPO as the most outstanding product directorate in the Designated Acquisition Commander category. It’s a very empowering feeling.”

A long list of achievements contributed to the winning of this award including working through challenges such as an aging worldwide fleet.

The team is credited with

meeting the call for duty by sustaining an 88 percent mission capable rate during Operation Iraqi Freedom in the face of increased multinational operations tempo and increased and unpredictable maintenance and supply system demands.

Gen. Greg Martin, AFMC commander, presented Colonel Postulka the award Oct. 29 at the Single Manager’s Conference at Kirtland Air Force Base, N.M.

“I was proud to accept the award on behalf of the hard-working folks in the C-130 SPO and to carry back his thanks and appreciation,” the director said. “It validates a year of hard work and results. It provides enormous recognition to the dedication of the Center Air Force civilians, support contractors, officers and NCOs who work quietly and professionally to do what it takes to keep Hercs flying now and for the future.”

sun
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armed
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Go ‘red’ Wednesday for heart month

By Ms. Dairlyn Brown
Registered Nurse
Health and Wellness Center

In support of American Heart month, employees across the nation are wearing something red Wednesday to help increase awareness of heart disease - the No. 1 killer of Americans.

As part of the American Heart Association’s national campaign, Wear Red Day, employees are encouraged to wear red signifying their fight against heart disease and to help raise awareness, while encouraging people to take charge of their health.

Each year, about 700,000 people experience a stroke or coronary attack. About 500,000 strokes are first attacks, and 200,000 are recurrent. Stroke accounted for more than one of every 15 deaths in the country in 2001. Of coronary attacks, about 500,000 will be recurrent. About 42 percent of the people who experience a coronary attack in a given year will die from it.

What to know

Heart disease is America’s No. 1 killer; stroke is No. 3. Cardiovascular disease claims more lives than all other major causes of death. Cardiovascular diseases include high blood pressure, coronary heart disease (heart attack and angina), congestive heart failure, stroke and congenital heart defects. Coronary heart disease alone is the single largest killer of Americans. The disease accounts for one in five women’s deaths.

So how do you prevent a heart attack or stroke? With lifestyle changes such as eating a healthy diet, exercising regularly, quitting smoking and decreasing or controlling stress.

Wearing red is not going to prevent a heart attack or stroke, but it will bring about awareness and symbolize your fight against heart disease.

For more information contact the Health and Wellness Center at 327-8480.

Dust buster



U.S. Air Force photo by Airman 1st Class Nichole Adamowicz
Staff Sgt. Jason Morris cleans out the inside of a printer with canned air at a deployed location Jan. 23. Sergeant Morris is a computer systems operator with the 379th Expeditionary Communications Squadron at a deployed location and works in the small computers repair and technical support shop. He is from the 5th Combat Communications Group here.



Please recycle this newspaper.

Give a smoker a helping hand with a smoke-free valentine

This year, the North Central Health District’s Tobacco Use Prevention Section is giving residents the opportunity to help their loved ones quit smoking by giving away Smoke-Free Valentines.

“We felt this would be a fun way to reach our community smokers who may be thinking of kicking the habit,” said Ms. Jennifer Stanley, Tobacco Use Prevention coordinator, North Central Health District. “Sometimes hearing something from a loved one or friend can make all the difference.”

Once a person is registered, they will receive a Smoke-Free Valentine Card during the week of Feb. 14. Each card will convey a positive message about quitting smoking along

What to know

If you want to send your special someone a Smoke-Free Valentine, stop by the Health and Wellness Center, Building 827. You can also contact the local Tobacco Use Prevention Section at 751-4571 or send an e-mail to jastanley@gdph.state.ga.us.

with information about the Georgia Tobacco Quit Line.

The Quit Line counselors provide counseling, screening and referral services and can be reached at 1 (877) 270-7867.

For additional information, visit us at www.ph.dhr.state.ga.us.

– Submitted

Check out the Robins Rev-Up online at:
www.robins.af.mil/pa/revup-online/index.htm

letstalk
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carnival
59302201

theater
59239101

roberts
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aunt
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military
59249603

MA employee receives recreation volunteer award

By Ms. Lisa Mathews
lisa.mathews@robins.af.mil

An employee in the Software Engineering Division of the Maintenance Directorate was recently awarded the Georgia Recreation and Parks Association Volunteer of the Year Award for the sixth district.

For the past 23 years, Mr. Willie Hill has been active as a volunteer with the Warner Robins Recreation Department and as a volunteer for athletic programs sponsored by his church.

Mr. Hill is a soft-spoken



Mr. Hill

man. Despite that, the power of his personality has been felt by and has benefited many young people in the local community.

“When I was a kid growing up, athletics was always a very integral part of my life. I was always very close to the coaches that I had at that particular time in my life,” he said. “I decided that if there was any way I could give something back, I would. I have always thought the Lord blessed me to be able to deal with, and have the patience to understand children.”

Mr. Hill’s involvement with the recreation department began when his own children were young athletes. He coached his son, who began in the 5- to 6-year-old Mini Mite league. He also coached his daughter during her years of

play in the recreation department.

“As they got out of the recreation department, I just continued to work in it,” Mr. Hill said. “At one time I coached football, basketball and baseball without a break.”

His volunteering has allowed him the opportunity to work with and inspire young athletes.

He was instrumental in the formation of the Warner Robins Express Basketball Club - an Amateur Athletic Union team. Because of that he has cut back on coaching some sports. He now coaches basketball in the Midget League as well as his church’s women’s softball recreation team.

The depth of Mr. Hill’s commitment to volunteering is easy to detect when he speaks

of the joys and sorrows he has experienced through the years.

“I always maintain a relationship with my kids,” he said. “I don’t always have success stories; I lose some. But, for the most part, the experiences have been real good, in that we maintain contact. When they’re in town, a lot of them will come back and look me up.”

Smiling, Mr. Hill related how one of the other coaches in his league at the recreation department was actually among the young boys on the first team he coached at the department years ago.

“The hardest thing for me has been to resist the temptation to give it up when things aren’t going well,” he said. “God always shows me that what I’m doing is worthwhile.”

nationwide
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gold’s
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SPORTS BRIEFS

Bowling Center

A sweetheart bowling special will be Feb. 14. Bowlers pay regular price and half price for their sweetheart.

Fitness Center

The 2004 Winter Sports Day is today. Events include swimming, table tennis, racquetball, walleyball, obstacle course,

three-on-three basketball and a push, pull and dip competition.

A Valentine’s Day 5K run is scheduled for Feb. 13 at 11 a.m. in front of the Health and Wellness Center.

Outdoor Recreation

There will be a paintball elimination tournament Feb. 21 at On Target

Paintball, 689 Riggins Mill Rd., Dry Branch, Ga., 714-2003. Cost is \$100 per five member team and includes all equipment and 500 paintballs per person. To participate, sign up at Equipment Rental Center, Building 914, by Feb. 13. For more information, e-mail Robins Paintball Club president Josh Norman at joshua.norman@robins.af.mil.

geico
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armed
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U.S. Air Force photos by Ms. Sue Sapp

February is the month for children’s dental health

Above, Alex the Aligator greets Marissa McCoy, 1, and her mother, Staff Sgt. Jennifer Vargas at the kickoff for the National Children’s Dental Health Month Tuesday at the 78th Medical Group Clinic. Right, Robins Elementary School first-grader Marley Lynch signs the dental health month proclamation as Col. Richard G. Griffith, 78th Medical Group commander, looks on. For more information on dental health, visit the American Dental Association Web site at www.ada.org and the American Academy of Pediatric Dentistry Web site at www.aapd.org.



Enlisted aide positions available

The Air Force Senior Leader Management Office is soliciting enthusiastic, mature and professional senior airman through master sergeants with the right attitude and sound culinary skills to fill future enlisted aide openings at many locations around the Air Force.

Applications are being accepted until Feb. 13 at the following locations:

- Scott Air Force Base, Ill. - ASAP
- Maxwell Air Force Base, Ala. - April 1
- Peterson Air Force Base, Colo. - to be

determined

Packages should be prepared in accordance with AFI 36-2123 and mailed to: Senior Master Sgt. Murdock, AFSLMO 1215 Jefferson Davis Hwy, Suite 1002, Arlington, VA 22202.

For more information or assistance in putting your package together, contact Master Sgt. Andrea Johnson, Base Career Assistance advisor, at 327-7356 or e-mail andrea.johnson@robins.af.mil.

– From staff reports

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